



From Drama to Empowerment

Red Deer | October 18-20 2023 - In Person

G11 5550 - 45 Street - T4N 1L1

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Transform everyday drama into resilient and resourceful relationships by improving communication, empowerment, and collaboration.

Drama erodes productivity and motivation and takes time away from more valuable strategic work. Approximately \$350 billion in lost productivity across North America is due to negative behavior (i.e. drama) in organizations.

Explore | Discover | Practice | Integrate

From Drama to Empowerment is a program to transform everyday drama into resilient and resourceful relationships by improving communication, empowerment, and collaboration. Programs are delivered in classroom format with a blend of instruction, participant exercises and breakout group discussions.

As a result of this workshop, participants will be able to:

1. Awaken your self-awareness as you learn practical ways to notice what triggers everyday drama
2. Create a foundation and language for working with others in a trusting, empowered, and innovative way
3. Learn how to shift into more empowering ways of relating to others, especially during drama and relational tension
4. Gain knowledge of frameworks, tools, and principles for building a more resilient and trusting culture
5. Identify reactive drama roles and learn to shift to more empowering and effective ways of leading
6. Increase capacity to lead change - personally and professionally
7. Increased confidence and clarity in decision making
8. Show up to work and other areas of life with less stress and more ease
9. Create a plan to apply the 3Vital Questions and The Empowerment Dynamic*
10. Employ effective communication strategies informed by effective team behaviour.



\$1800 Early Bird | \$2100 Regular | Canada-Alberta Job Grant Eligible

This is a training program where an employer applies on behalf of their present or future employees for eligible training costs. Government contributes two-thirds of the cost to a maximum of \$10,000 per trainee per fiscal year.

Who should attend?

Anyone leading teams looking to improve collaboration and productivity; Team Leads, Executive Directors, Directors, Managers.